## Final Thoughts Riding the Butterfly



The Butterfly Foundation "Miraculous Living" statue

"A beautiful body perishes, but a work of art dies not."
- Leonardo da Vinci

According to legend, when a young boy asked the great Renaissance artist Michelangelo why he was working so hard hitting the block of marble that would eventually become his greatest sculpture, *David*, the artist replied, "Young man, there is an angel inside this rock, and I am setting him free."

Think about our lives for a moment. Is not that what we also want to do? In our heart of hearts, we feel (and see) something more for ourselves. We sense an undiscovered angel in all of us. Our job as co-creators with God is to "chisel off the excess" (fear, hate, grievances, etc.) and show our "real angel" to the world.

The picture of the child riding a butterfly is a tangible symbol of the Butterfly Foundation. It is collectively "our" internal masterpiece waiting to be revealed to the world. The child rides the butterfly to new heights and new possibilities. This is what I hope the Butterfly Code does for you!

It is my hope and prayer that the butterfly inspires you...raises the bar...offers you a better way of living...a better way of facing the day each morning. It is my goal to have the butterfly take you to the way of MIRACULOUS LIVING

### The Vision

Someday you will see this statue all over the world in front of beautiful buildings that serve troubled children, as kind of YMCA's for the Arts.

This book and the Butterfly Foundation "Arts" curriculum will be taught in those venues. We will show children there how to use the tools in this book to live a miraculous life.

This is my dream...my expectation, vision, and my intention. It is also the legacy I want to leave with my coaching practice. As da Vinci says, this work of art "dies not."

How will my dream get where it's supposed to go? I have no idea! And I love this feeling! I have surrendered the details of "how" to God. I will engage in massive action and shall follow my internal guides.

Like Michaelangelo, all you have to do is the "angel inside you." And use the tools in the book to pound out the disbelief and excess that does not service you. See what no one else can see. Turn your vision into your passion.

Make your life your artwork, your magnificent obsession. Because when you find true yourself and your work of art you will CHANGE THE WORLD. Your path of least resistance is each blow from the hammer that chips away at the marble, revealing the "angel inside." Wake up from the cocoon! Find your dream and live it!

"Life is like riding a bicycle. To keep your balance, you must keep moving."

- Albert Einstein



The following pages are tools that you can use on the "road less traveled" and the "journey with distance." It is the Way of the Butterfly Warrior



# REVISITING THE THREE STAGES OF TRANSFORMATION

"I learned this, at least, by my experiment: that if one advances confidently in the direction of his dreams, and endeavors to live the life which he has imagined, he will meet with a success unexpected in common hours."

- Henry David Thoreau

Take one step when you think you can't...and then another...just one more...and feel the power lifting your Spirit and igniting your Soul!

John J. Schalter

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### Three experiences have been described in this book: the Wonder, the Way and the Work.

### THE BUTTERFLY MOMENT (the Wonder)

The Butterfly Moment is an experience of **the Wonder**. It is a sudden realization of the fact that the caterpillar is more than it thought it was. It is now one of most beautiful insects on earth. Best of all it can fly!

### THE BUTTERFLY CODE (the Way)

Now transformed, the Monarch Butterfly shows us **the Way**. It is a path lit by a Mindset of Miraculous Living and tools for awakening our true self; causing quantum leap performances and transformations.

#### **BUTTERFLY WARRIOR (the Work)**

The final product now manifested. (the warrior within you), it is now your turn to do **the Work**. According to Legend, you are now an activist, moved by love, motivated by the possibility of heaven on earth, serving the death of the caterpillar and the spirit of the new paradigm.

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask ourselves, Who am I to be brilliant, gorgeous, talented, and fabulous? Actually, who are you not to be? You are a child of God. Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people will not feel insecure around you. We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us. It is not just in some of us; it is in everyone and as we let our own light shine, we unconsciously give others permission to do the same. As we are liberated from our own fear, our presence automatically liberates others."

- Marianne Williamson