

CHAPTER SIX



Creating your Kaleidoscope

“For where two or three are gathered together in My name, there am I in the middle of them. “

- Matthew 18:20

“Alone we can do so little; together we can do so much.”

- Helen Keller

When the Butterflies do their amazing migrations covering thousands of miles, they do not do it alone. Millions fly together in what is called kaleidoscopes or swarms. Without a doubt, there is power in numbers.

Like birds migrating, they are feeding off each other due to wind currents created by their wings. This is nothing new. There has always been synergistic power in creating a team or support group.

“It is the long history of humankind (and animal kind, too) that those who learned to collaborate and improvise most effectively have prevailed.”

Charles Darwin

In other words, the kaleidoscope needs to be “like minded.” They all need to be flying in the same direction and at the same pace. Can you imagine the havoc that would be created if they suddenly chose to fly in a different direction?

Watch a school of fish or a flock of birds sometime. They are like soldiers in a parade. All are in sync, all are moving in cadence to the same place and direction. As spectators, we like to see such poetry in motion. It makes our hearts sing to see such unity and cooperation.

That is why sports are so popular in today's culture. We love to see a group playing as a team, each with their own role, pointed towards a common goal of winning. Like-mindedness and team spirit is what makes Super Bowl Champions.

Group energy is often called “synergy.” It is defined as the “interaction or cooperation of two or more organizations, substances, or other agents to produce a combined effect greater than the sum of their separate effects.”

In other words, the group creates energy greater than its parts. To create quantum leaps in achievement or performance you need to tap into the power. Without a doubt it is rocket fuel for both the body and the mind. You cannot pass up this source of power. And yet few people choose to use it to transform or change their life.

“The coordination of knowledge and effort of two or more people, who work toward a definite purpose, in the spirit of harmony.”

-Napoleon Hill

For decades 12 Step Programs have recognized the power of support groups and meetings. If nothing else, it creates an amazing power of accountability. Such organizations as Weight Watchers have made tens of millions of dollars, just tapping into this synergistic power of commitment and change.

The point is that Quantum Leaps need Quantum Power.

Your Power Group

You will need to assemble other like-minded individuals to create this synergy and allow you to use its power. Words of warning: Be very careful about who you choose in your kaleidoscopes! Even one bad apple can destroy the bushel.

Here are the traits that you will need of the members you choose for your support group or kaleidoscopes.

- They must understand and be committed to the goal of a Miraculous Life and quantum leaps. (If nothing else, read this book)
- They must be committed to self-growth and self-improvement. You want folks who continually raise the bar, expect more and push the envelope for each other.
- They must be inspiring leaders in their own right. This is not the time to hang with broken people or drama kings and queens.
- They must have the courage to “call you out” when you slip into erroneous, self-defeating behavior or thinking.
- They must be able to give you wise and enlightened feedback on your goals and requests.
- They must operate on a platform of love and understanding. Sometimes “tough love” is what is needed.

- They must continually seek to raise the bar and like Einstein “think beyond their thinking.”

It may not be an easy task to find these kinds of people, however, it is certainly worth the effort. Unlike your family, you get to choose who is part of this “extended family.”

Once you have assembled your group, be sure that you meet (either face to face or conference call) at least once a week.

Here is an agenda of these Kaleidoscopes Meetings.

- Catch up, small talk.
- Call the meeting to order.
- Start with some sort of prayer or a short meditation.
- Raise the power and vibration of the room by a member reading out loud and affirming the 7 Steps for Butterfly Code.
- Have each member articulate the results or status of their 3 requests from last week.
- Have each member articulate 3 requests or goals from the coming week.
- Have members comment and affirm how they see these individual requests manifesting. Remember, it is always easier to believe for someone else than it is to believe for yourself. (More on this in future chapters).
- Close with a short prayer or reflection of gratitude.

I know you will find that there is incredible power in these meetings. However, it is best that you experience it for yourself. Put together a group and give it a whirl for 30 days.

Life Coaching

Another way to add rocket fuel to your Quantum Leap effort and the positive energy and support generated by your Kaleidoscope Group is to also hire a Life Coach to work with you.

What do the following (very eclectic) group of people have in common? Bill Clinton, Hugh Jackman, Serena Williams. They all have (or had) Life Coaches. **See Bill Gates in his Ted Talk video “Everyone needs a coach.”** <https://youtube/XLF90uwll1k>

Like the support group created by the Kaleidoscope, a good Life Coach creates accountability and feedback from a great source. Most of all it is a strong indication of self-worth.

In any good financial plan, the advice is always “pay yourself first.” There is something magical about giving to yourself. It comes back to you in droves. Most of all, investing in yourself sends a loud clear message to your self-esteem that says, “you are worth it.”

The point is, you need someone to be accountable to. You need an outside perspective to help lead the way. The more quality this person is, the more effective he or she will be in guiding your results.

Exercise:

Write an answer to the following:

- 1) Who is on your “hit list” for Kaleidoscope members?**
- 2) Explain why you think these individuals would be good for both you and your group.**
- 3) What personality traits do you think your members need in order to have maximum effectiveness and regular quantum leaps for all involved?**