

CHAPTER FOUR



Cracking the Code to Quantum Leap

"There are two ways to live our life. One is as though nothing is a miracle. The other is as though everything is a miracle."

Albert Einstein

“Success leaves clues.”
-Tony Robbins

The Butterfly Code sets the stage for a quantum leap in self-growth and self-development in all areas of your life.

It is the Way of the Butterfly Warrior!

It can be used for anything that requires change and/or growth. This includes areas of life as health, wealth, relationships, addictions and virtually any lofty and/or tangible goal or aspiration.

Patterned after the caterpillar’s resurrection from the cocoon, it seeks large and profound change in small increments of time (30 days).

The Butterfly Code is a very simple lesson taught by Mother Nature. It is the combination that can open the lock, the password that can unleash the program, the transformational system to help change anything negative in your life into something positive.

Don’t believe me, try this program for 30 days. Do all of the exercises. Complete all the assignments, take on a new attitude and watch the miracles start to occur. Some will be small at first, however expect them to grow big. What do you have to lose?

You can experience the program in pieces. As previously mentioned, just embracing and applying

the single idea that “everything is a miracle” will profoundly change your life!

Add other tools presented in this book and they will combine synergistically and create a literal explosion of growth and development.

The more you focus on “breaking free from the cocoon” of old thoughts, habits and negative expectations, more good things in your life will occur.

As you participate in this process and program expect the following:

- **You will notice that you are much happier and more at peace.**
- **You will have more energy and enthusiasm for the life projects that are important to you.**
- **You will experience the magical power of serendipity, where you always seem to be at the right place at the right time.**
- **People around you will notice how much you have changed for the good.**
- **You will feel like sharing and being of service to others.**
- **You will feel constant surges of gratitude and connection with God.**
- **You will be attracted to healthy habits of diet and exercise because of the feeling and energy they give.**
- **You will crave “like-minded people” who think as positive as you do.**
- **You will sleep better and wake up excited to face a new day.**

- **You will be filled with almost infinite faith, energy, and persistence.**

These are just a few. The list of changes are almost endless.

And so, for the next 30 days, do all that it is asked of you in the following pages. Do these exercises filled with incredible joy, wonderful expectations, and positive expectations.

Exercise:

Write an answer to the following:

- 1) What is the change in the world that you would most like to see?**
- 2) Can you see a change in yourself that could change the world? What is it?**
- 3) On a scale from one to ten, how much are you really committed to change?**